

Thetaobums Interview With Bruce Frantzis March 2011

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The following is an interview with Bruce Frantzis originally printed in The Empty Vessel, A Journal of Contemporary Taoism, Summer 1998. B. K. Frantzis began training in martial arts, Oriental healing and meditation in 1961. Fluent in Chinese and Japanese, he spent 15 years studying full-time in Asia. After extensive Zen meditation, Shiatsu training and gaining black belts in judo, ju-jitsu, karate and aikido in America, B.K. Frantzis went to Japan for three years of advanced training.

The Empty Vessel Interview With B.K. Frantzis - Energy Arts

Bruce Kumar Frantzis - 1987 Part 2 of 4 - Duration: 8:13. ... Professor Visitacion interview 1993 (unaired) - Duration: 6:59. Martial Art World TV 29,722 views. 6:59.

Bruce Kumar Frantzis - 1987 Part 1 of 4

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Forums - The Dao Bums

-Taoist Lineage Master Bruce Frantzis "If you want to develop the spiritual side of yourself, the Taoists consider that energetic fitness is paramount in providing the necessary foundation." " Although it may seem counterintuitive, the more you relax, the more energy, stamina and strength you will gain and the more your range of motion will improve.

Bruce Frantzis Welcome - Energy Arts

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Bruce Frantzis is a Taoist Lineage Master with more than 40 years experience in Eastern healing systems. He is the first known Westerner to hold authentic lineages in qigong, bagua, tai chi, hsing-i and Taoist meditation. Bruce trained for over a decade in China and also has extensive experience in Zen, Tibetan Buddhism, yoga, Kundalini, energy healing therapies and Taoist Fire and Water ...

Bruce Frantzis Biography - Energy Arts

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